

Body Language

Body language, posture and distance provide important information to supplement words, or verbal communication. They are a crucial addition to the overall message. The full picture also includes facial expressions, eye contact and voice.

Body language is a type of non-verbal communication in which physical behavior, as opposed to words, are used to express or convey information. Such behavior includes facial expressions, body posture, gestures, eye movement, touch and the use of space.

There are three main types of body language:

- eye contact
- body position
- gesture and movement

Questions:

1. Why do you think body language is important?
2. How do you use body language in your daily life?
3. How does body language help you to communicate?
4. How can you misinterpret someone's body language?
5. What are some insulting gestures in your country?
6. How do you signal a waiter in your country?
7. How do you signal that someone has a phone call?
8. What are some universal gestures for help? choking?
9. How do you gesture "Go away!"?
10. Do you try to use body language when you communicate in English?

※テキスト全文はレッスン受講時に担当講師よりお受け取りください。