

## Romantic Love Lasts Only a Year

Italian scientists have discovered that a chemical in the brain responsible for romantic love fades in intensity over the course of a year. This perhaps explains why that giddy, euphoric, head-over-heels-in-love feeling that takes our breath away at the start of a relationship diminishes over time. Researchers from the University of Pavia determined that levels of a protein called Nerve Growth Factor (NGF) greatly increase when a person first falls in love. Raised NGF levels spring from the rush of adrenalin, renewed vigor and confidence and lust for life that occur when new love blossoms. Levels of NGF greatly decrease over a year or so as security within the relationship sets in. There is then less urgency to constantly woo a potential partner to ensure they are yours.

Research leader Dr. Enzo Emanuele reported: "We have demonstrated for the first time that circulating levels of NGF are elevated among subjects in love, suggesting an important .....

Source: [www.breakingnewsenglish.com](http://www.breakingnewsenglish.com)

### Vocabulary

- \* giddy: feeling silly, happy, and excited
- \* euphoric: feeling very happy and excited
- \* prevalence: the fact of existing or being very common at a particular time or in a particular place
- \* induce: to persuade someone to do something

### Comprehension Questions

You can see the whole lesson from your teacher, Please ask to send it to you before the class.

※テキスト全文はレッスン受講時に担当講師よりお受け取りください。