Recipe for a Successful Life



(Image courtesy of cooldesign / FreeDigitalPhotos.net)

Reading

Just as people enjoy various cuisines, so too, lifestyles. What one person would consider a successful life might hold very little interest for someone else. The ingredients to choose from in the Cookbook of Life might be broadly similar-honesty, thrift, patience, diligence, ambition, knowledge, status, affection, etc.-but their proportions differ depending on the kind of dish that is desired. One person may want to prepare a recipe leading to financial success, another to acquire celebrity, while yet a third may prefer self-satisfaction. One focus may be on family, another on athletics. And, of course, tastes-and desires-also change over time and altered circumstance. So the would-be chef needs to have a well-thought out plan for the entire course before he actually starts to do the cooking.

Source: Express Yourself 2

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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