

Being Bilingual Boosts Brainpower



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Reading

A study by the USA's Northwestern University provides biological evidence that people who are bilingual have a more powerful brain. Drs Viorica Marian and Nina Kraus investigated how bilingualism affects the brain. They found that studying another language "fine-tunes" people's attention span and enhances their memory. In particular they discovered that when language learners attempt to understand speech in another language, it activates and energises the brainstem – an ancient part of the brain. Professor Kraus stated: "Bilingualism serves as enrichment for the brain and has real consequences when it comes to...attention and working memory."

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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