

## Expect Nothing



### Instructions:

1. Watch the video carefully.
2. Take note the important information showed in the video.

Video Clip: <https://www.youtube.com/watch?v=I5UBikauIQM>

### Questions:

1. What can you see in the video?
2. What does he get from doing it everyday?
3. What can you say about him?
4. How did the video become inspirational?

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

テキスト全文はレッスン受講時に担当講師よりお受け取りください。