

Lesson 16: Family and Health

Grandparents Increase Risk of Obesity in Children



Leaving your children with their grandparents may be bad for the little ones' health. This is according to new research in the 'International Journal of Obesity'. The British study showed that children who are looked after by their grandparents tend to be more overweight. Researchers looked at over 12,000 toddlers between the ages of nine months and three years. Their data showed that grandparents increased the risk of obesity in the children by as much as 34 per cent. Kids who are looked after by their parents or who go to nurseries had no similar risk of weight problems. The research also showed that children of richer parents were more at risk, especially if the mother had a management position and/or a university education.

Source: www.breakingnewsenglish.com

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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