

A Worm a Day!



NAKHON NAYOK, THAILAND People around the world eat different unusual foods. Some eat insects like grasshoppers or flies. **Paisit Chanta, 39**, eats something unusual, too-- a worm a day!

His habit began 30 years ago while he was sitting in a boat and waiting for a fish to bite. There was nothing to eat in the boat, and he got hungry. Chanta looked at his can of worms. "Suddenly, I realized that fish don't die from eating the worms," he said later, "so I won't either." Chanta ate them one by one, until he felt full. They weren't bad!

Now Chanta is crazy about the worms and thinks they are like medicine. "I ate a worm a day to stay healthy," he says. Chanta works as fire fighter and often digs for worms near the fire station. "We are used to that," says a coworker, but we still think it is strange. Chanta does not care what others think. "To me, the worms taste just like rice!"

テキスト全文はレッスン受講時に担当講師よりお受け取りください。

You can see the whole lesson from your teacher,
please ask them to send it to you before the class.