

Smart People Booze More



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Reading

Recent studies indicate that highly intelligent people seem to be more likely to drink more than the average person.

The study in the American Journal of Public Health discovered that women are more likely to drink heavily in their thirties if they are “over-the-average” in intelligence.

The study in Psychology Today focused on childhood intelligence as a predictor of adult levels of drinking. The study found that the more intelligent a child was, the more likely he or she would be to drink as an adult.

The study in Forbes Magazine focused on how the high-powered people were more prone to addiction. David Linden, PhD, a neuroscience professor at the Johns Hopkins School of Medicine and author of The Compass of Pleasure states that the very traits that make one a great CEO are also those that are prevalent in addicts—obsessive risk-taking and novelty-seeking. According to him, those who are at a higher risk for addiction do not derive more pleasure from their substance of choice, but rather less, and this prompts them to consume more of a substance. This phenomenon was even more pronounced in highly intelligent businesswomen than in their male counterparts—especially for women in a male-dominated profession.

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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