

Sweden Experimenting with a 6-Hour Work Day

Reading

Workplaces in Sweden are experimenting with a 6-hour work day and are seeing positive results. Managers say that staff with reduced work hours are coming to work with more energy. They are also more productive. They waste less time on distractions such as social media, and spend less time coordinating their personal lives during work hours. In addition, staff turnover is lower in workplaces that have adopted a 6-hour work day. In America, the average work day is 8.7 hours.

Source: www.englishclub.com

Comprehension Check

1. What are some workplaces in Sweden experimenting with?
2. What results have been reported by managers?
3. How many hours per day does the average American work?

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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