

The Art of Walking: A College Class

Vocabulary:

intense = marked by great energy, effort, concentration, etc.

Example: The competition for well-paying jobs in your field is always intense.

relate = to be connected with something

Example: How does this question relate to the job?

expose = to let someone find out about something by giving them experience of it

Example: Video games expose children to violence at an early age.

essential = completely necessary; extremely important

Example: It's essential to wear a helmet while riding a bicycle.

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Kenneth Keffer has been teaching a class called “The Art of Walking” at Centre College since 2002. Centre College is a private liberal arts college in Danville, Kentucky.

Liberal arts education has been an important tradition in American higher education for hundreds of years. It aims to provide students with a wider understanding of the world and help them understand how different fields are connected.

Keffer points out that the unusual name of a class like his does not completely tell the full story of what goes on in the classroom. And the students take these kinds of classes because they want to know more.

You can see the whole lesson from your teacher, Please ask them to send it to you before the class.

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