

# Woman to Have 'Dolphin-Assisted' Birth

## Reading

A pregnant woman and her husband have traveled to Hawaii where they plan on having a “dolphin-assisted birth,” a water delivery among dolphins, according to Medical Daily.

Heather Barrington, 27, and her husband Adam, 29, of South Carolina, are preparing for the arrival of their first child through a series of prenatal and postnatal swims with a pod of dolphins at The Sirius Institute in Pohoia, Hawaii.

The Sirius Institute recently set up the Dolphin Attended, Water, Natural and Gentle Birth Center (DAWN), due to what they claim is an increasing demand on their website for people looking to give birth near dolphins. The Sirius Institute claims that giving birth with dolphins is part of an ancient native Hawaiian practice.

In the event that a “dolphin-assisted” birth cannot occur, the couple has made plans to deliver with a midwife. Experts point out that dolphins are predators and can become aggressive, though dolphin-related injuries among people are relatively rare, Medical Daily reported.

“Having that connection with the pod of dolphins anytime – even if the birth doesn’t happen in the water – still brings peace, comfort and strength to the mother and baby during labor,” Heather told the South Charlotte News.

Source: [www.foxnews.com](http://www.foxnews.com)

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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