

## What's on Your Bucket List?

Many self-help books suggest that you should make your dreams come true. Anyone can have a perfect life (or an almost perfect life), but you need focus and hard work. Many of these books also warn about regrets. If there are too many regrets, then people are less happy and satisfied.

To be truthful, a perfect life is unreachable. For example, most people can't write a best-selling novel or get rich with a start-up business, both of which are two common dreams. Responsibilities like family, a mortgage, and work must come first. Daily life can be boring too. However, the self-help books are right about one idea: the bucket list.

A bucket list is a "to do" list before you kick the bucket. Or, in other words, a "to do" list before you die. Many people want to learn a foreign language someday, skydive, or travel to exotic locations around the world. The list should inspire you to try new, imaginative, and colorful acts. You should explore your imagination. In addition, the list can contain items that make other people's lives better. However, you don't have to live each day as though it were your last day on the planet.

So what's on your bucket list?

### Do you agree or disagree? Why?:

1. I want to quit my job and follow my dreams.
2. Life is boring!
3. There are many things I want to see and do before I die.
4. There are many things I want to see and do before I die, but I probably won't have the chance.
5. Dreams and life goals are very important.

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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