

Eye Contact



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Reading

In many Western cultures, a person who does not maintain good eye contact is regarded as being slightly suspicious. Those who avoid eye contact are unconsciously considered unfriendly, insecure, untrustworthy, inattentive and impersonal. In contrast, Japanese children are taught in school to direct their gaze at the region of their teacher's Adams apple or tie knot, and, as adults, Japanese lower their eyes when speaking to a superior, a gesture of respect.

In Latin American cultures and some African cultures, such as Nigeria, prolonged eye contact from an individual of lower status is considered disrespectful.

In the United States, it is considered rude to stare— regardless of who is looking at whom. In contrast, the polite Englishman is taught to pay strict attention to a speaker, to listen carefully and to blink his eyes to let the speaker know he or she has been understood as well as heard. Americans signal interest and comprehension by bobbing their heads or grunting.

こちらはサンプルです。テキスト全文は受講時に担当講師よりお受け取りください。

You can see the whole lesson from your teacher, please ask them to send it to you before the class.