

FEAR



Fear is an emotion induced by a threat perceived by living entities, which causes a change in brain and organ function and ultimately a change in behavior, such as running away, hiding or freezing from traumatic events.

Let's Talk!

1. Are you afraid of speaking English?
2. A foreign language?
3. In front of many people?
4. How do you react when you see something frightening?
5. What is your biggest fear for yourself?
6. What were you afraid of as a child?
7. Do you ever have nightmares (bad dreams)?
8. What are they about?

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

テキスト全文はレッスン受講時に担当講師よりお受け取りください。