

Fist Bumps much better than Handshakes



<http://www.ctvnews.ca/health/health-headlines/fist-bump-much-better-for-health-than-handshake-study-1.1934941>

A new(ish) and alternative form of greeting and showing respect has been found to be more hygienic than shaking hands. We have all seen it on TV. Basketball and baseball players do it after a teammate scores. Rock stars and actors do it onstage at awards ceremonies. Even U.S. President Barack Obama does it. What is it? Well, it's fist bumping. It's kind of like a high five, except the hand is clenched into a ball and the other person's fist is given a gentle nudge, knuckles to knuckles. Researchers at the University of Aberystwyth in Wales have discovered that this twenty-first-century greeting spreads one-twentieth of the germs than a traditional handshake does and around one-tenth of the germs in a high five.

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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