

Skill Builders: Writing – Freewriting

Getting Started : Freewriting



Free writing is simply the practice of writing whatever comes into your head without stopping to judge the output. The simplest way to get words on paper with the goal of warming up your brain and getting yourself in the habit of thinking and writing.

Process: Write for 10 minutes without stopping. Some ideas you will keep; others you will discard; however the goal is the process not the product.

How to Free Write

For five minutes, write non-stop: don't lift your fingers from the keyboard or your pen from the page. Just keep writing. Don't stop to ponder or make corrections or look up a word's meaning in the dictionary. Just keep writing.

While you are freewriting, forget the rules of formal English. Because you are writing only for yourself at this point, you don't have to worry about sentence structures, spelling or punctuation, organization or clear connections. (All those things will come later.)

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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