Kids Turning into Computer Junkie



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Reading

It's a warm summer's day in the school holidays but the children are not out playing, they are in a darkened room, glued to the TV set, zapping aliens on their Nintendos or surfing the Internet. As their friends ride their bikes, go swimming, play football and walk the dog, the only games your children play are those on the computer, and their only pet is the mouse.

For thousands of children, the computer and the TV now dominates their lives, turning them into electronic junkies with virtual childhoods where real relationships are replaced by artificial ones.

Many children, too, begin their viewing early and finish late. Programmes designed to entertain young viewers begin in the early morning, so parents may still be in bed when their children are already up and channel hopping. According to an American study for the US National Institute of Education, ten hours TV watching a week is a healthy level and any more than that results in under performance at school and an unhealthy lifestyle.

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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