

# Lifestyles



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## Reading

People have different lifestyles. Some only pursue self-oriented happiness without considering other people. They get happiness from wielding political power and economic influence over others. They seem to think they are happy. But actually they are disappointed after all: since man's desire is endless, nothing can satisfy their needs. They must remember that the first step to happiness is to restrict one's desire.

Priests, monks, nuns are the outstanding examples of those who try to be happy by refraining from worldly passion. They think they're happy because they're living the way God orders them to live. For them, however, one question also remains: Are they "really" happy if they have no personal autonomy?

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