

# Processed Meat Causes Cancer



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## Reading

A new report from the World Health Organisation (WHO) says processed meat causes cancer. Processed meat includes bacon, hot dogs, ham and sausages, as well as canned meat and meat-based sauces. The report was made by the International Agency for Research on Cancer (IARC). It said it was important to tell the world about the danger of processed meat because of the large number of people who eat it and get cancer. The report says that eating just 50g of processed meat a day increases the chance of developing certain types of cancer by 18 percent. Fifty grams is just two slices of bacon or one sausage. The WHO also said eating red meat carried a risk of developing cancer.

こちらはサンプルです。テキスト全文は受講時に担当講師よりお受け取りください。

You can see the whole lesson from your teacher, please ask them to send it to you before the class.