

Meatless Monday



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Reading

With World Health Day and Earth Day both in April, health and environmental advocates are calling on President Obama to take a page from history and proclaim national "meatless" days, as three of his predecessors in office have done.

Presidents Wilson, Truman and Roosevelt all instituted national meatless days in order to divert food to troops overseas and alleviate worldwide food shortages. Today, a growing body of experts say that moderate reductions in meat consumption will mitigate climate change, lessen fossil fuel dependence, conserve fresh water and help reduce the chronic preventable conditions that today kill 70 percent of all Americans – cancer, obesity, diabetes and cardiovascular disease.

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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