

## Self-Evaluation



### Reading

Everybody wants to have a successful social and private life. So, many people spend a great deal of time developing their personal skills and trying to develop fruitful relationships with influential figures. They think they must do these things in order to get ahead. But they are wasting their time unless they understand themselves. Before they try to exploit outside resources, they should first explore their inner selves and discover who they really are. If they cannot do so, they will get nowhere—no matter how hard they try. Many diagnostic tests are readily available for self-evaluation, and psychologists are convinced that the answers accurately describe character. Others feel that these tools are no more accurate than horoscopes or other such non-scientific devices. However, used honestly and with common sense, the tests probably provide at least a good approximation of personality, and may be the beginning of wisdom (if knowing oneself is indeed what it means to be wise, as I think it does).

Source: Express Yourself 2

You can see the whole lesson from your teacher, please ask them to send it to you before the class.

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