

Vacation



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Reading

A vacation is a good way of reducing stress. People who are often confined to offices should go out once in a while for a relaxing break. Vacationists often visit beaches and snow parks, but others prefer visits to foreign countries for a little cultural immersion. Classic favorites are: Paris, for romance, Tuscany, for the sunny countryside, and New Orleans, for the exotic French–African cultural merge. Some people would want hyper getaways like a trip to the Amazon or a rock–climbing adventure at the Himalayas. Still, some would just want a quiet vacation from work, stay at home, cook, watch television, relax, before another working day comes.

People often get culture–shocked when they visit a foreign country. They find foreign gestures strange, and therefore come up with wrong assumptions. The French greet each other with a kiss on the cheek. Some people find these appalling. In America, it is normal to see people kissing on the streets. Some people who see this practice find it vulgar. However, these are all expressions normal within a cultural sphere. The best way to prevent prejudice and wrong assumptions is to learn something about the culture of a country before coming to visit. This way, not only will one achieve a greater enjoyment with his vacation, but he will also earn higher cultural appreciation as well.

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You can see the whole lesson from your teacher, please ask them to send it to you before the class.